

Chlorogenic Acid from Green Coffee Bean Extract



Pure green coffee bean extract has made a big splash in the media for its weight loss properties. It is a powerful antioxidant derived from an unroasted coffee bean. In fact, all coffee starts as a little green bean. The ingredient responsible for the weight loss is a compound found in the green coffee bean named chlorogenic acid.

Chlorogenic acid is a natural compound found in the green coffee beans but... when the coffee beans are roasted, the chlorogenic acid is mostly destroyed. When raw coffee beans are roasted to achieve the rich flavor and great aroma as well as high caffeine content of roasted coffee, their chemical makeup actually changes. This means any weight loss benefits of drinking regular coffee (i.e. coffee brewed from roasted coffee bean) are essentially non-existent.

It's important to note that chlorogenic acid contains NO chlorine and is long known as an antioxidant.

A recent episode of Dr. Oz, a popular doctor's TV talk show, featured the benefits of taking 1600 mg per day of green coffee bean extract. Amazing research shows that this dietary supplement may help people lose weight without changing their daily routine. NOW with GCA, this formula contains the specific combination recommended by experts in the medical community. Our clinically tested GCA green coffee bean extract contains a 50% standardized rate of chlorogenic acid. Our unique blend is rich in both chlorogenic and caffeic acid which is recognized as effective support in healthy weight loss. This combination can produce fat burning results and can aid in producing an antidiabetic effect and may inhibit the release of the glucose-6-phosphatase enzyme, balancing blood sugar levels in diabetics.

Green Coffee Bean Extract

This breakthrough supplement gained popularity as a highly promising weight maintenance aid. With only 20 mg of caffeine per serving, compared to a minimum of 100 mg for a good cup of coffee, green coffee bean extract doesn't make you jittery like roasted coffee or other caffeine based diet aids.

Green coffee bean extract is consumed as a supplement since drinking liquid coffee made from unroasted coffee beans would have a bitter unpleasant taste and may not provide the desired dosage for effective results. You cannot get the same effect from drinking a cup of coffee because roasting the coffee bean actually removes the chlorogenic acid. Green Coffee Bean Extract must be processed before the beans are roasted.

How Chlorogenic Acid Works for Weight Loss

Chlorogenic acid inhibits the release of glucose into the blood stream. The cycle is that when glucose enters the human bloodstream after consuming food or beverage, the liver releases insulin. The insulin stores the excess glucose as fat. By slowing down the absorption of glucose in the bloodstream, the chlorogenic acid thus reduces the absorption of fat. And, it is believed to cause the liver to metabolize the fat faster.

Studies also shows that chlorogenic acid may inhibit the release of the Glucose-6-Phosphatase enzyme, balancing blood sugar levels in diabetics.

So, not only is Green Coffee Bean Extract an unbelievable weight loss supplement, it has been called a "superfood" because it is loaded with incredibly potent and powerful nutrients that can make a positive impact on overall health.

Suggested use: As a dietary supplement take one (1) 800 mg veggie capsule twice daily 30 minutes before meals with an 8 oz. glass of non-chlorinated water. See container for further instructions.

Warning: Be aware of low cost low quality Green Coffee Bean Extract out of China. They simply don't work.